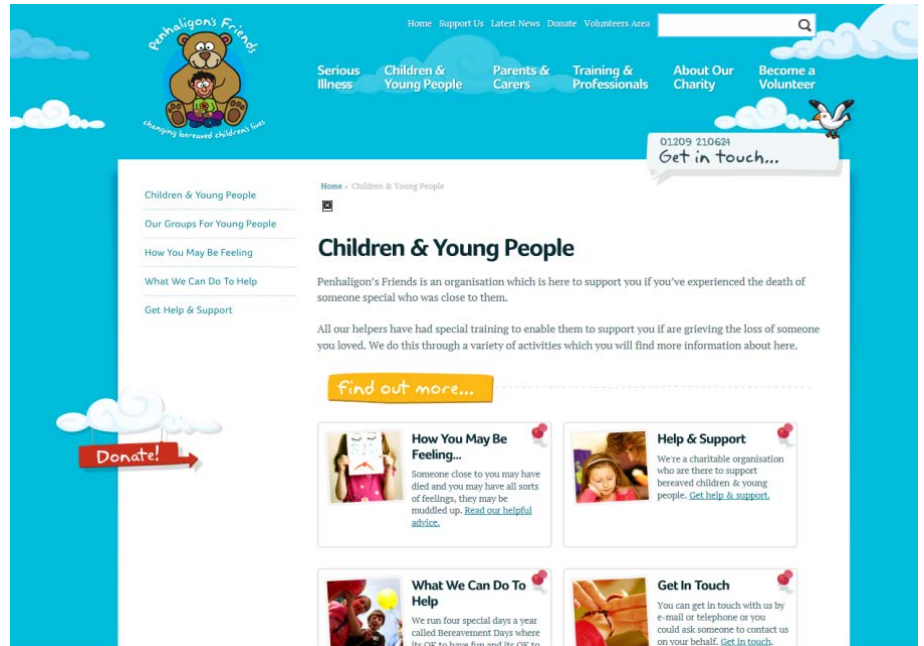


Useful Websites For Young People

Penhaligon's Friends

www.penthaligonsfriends.org.uk

Support following bereavement or when someone has a serious illness



Winstons Wish

www.winstonswish.org.uk

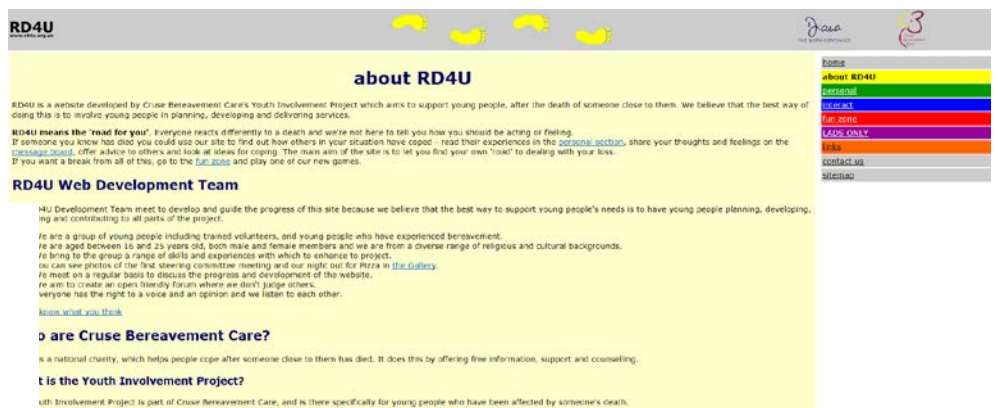
Support following bereavement



RD4U

www.rd4u.org.uk

Support following bereavement



Kooth

www.kooth.com

Online Counselling and general advice



Childline

www.childline.org.uk

Online Counselling and general advice



For IPHONE users
Download the app.....

Grief: Support for Young People

The app has been created by a group of bereaved young people working with leading bereavement charity Child Bereavement UK.

It has been developed for 11-25 year olds who have been bereaved of someone important to them. It can also be used by friends, teachers, parents and professionals who would like to know how to support bereaved young people.

The app has information about:

- bereavement
- grief
- feelings
- how others can help

It includes a built-in notepad so you can write down how you are feeling and also links to Child Bereavement UK's website where you can use search facilities to find other support organisations near you.

It includes stories from bereaved young people as well as short films that they have written and made. The app aims to help bereaved young people feel less alone and to inspire others on how to support them.

