

CONTACT INFORMATION FOR STUDENTS WHO WOULD LIKE SUPPORT



www.cornwall.gov.uk

www.youngminds.org.uk

Parent helpline – 0808 8025544
Young Minds – The voice for young people's mental health and well being



www.penhaligonsfriends.org.uk

outlook:) SOUTH WEST

- Providing information, practical support and guidance to those bereaved by suicide
- Contact you within 72 hours of referral

Tel: 01208 871905



Tel: 01872 277277 or 08457 909090

www.samaritans.org

Email: jo@samaritans.org

24/7 emotional support service to those in distress, despair, who may be suicidal or to people who just need to talk about a worry or problem.

It is totally confidential and non-judgemental.



Tel: 0845 3307090

Tel: 07702 812 638

www.kooth.com

Online and face-to-face Counselling, Support and Advice for Young People aged 11-25 years old



www.childline.org.uk



Tel: 01726 76100

Email: cornwall@cruse.org.uk

Support, advice and information when someone dies