

PSYCHOLOGY REVISION CHECKLIST - AS

Memory

TOPIC	KEY STUDIES	NOTES Y/N	RED	AMBER	GREEN	HAVE ANSWERED EXAM QUESTIONS ON IT
The nature of memory - duration, encoding, capacity						
Multi-store model	Peterson and Peterson - duration STM Baddeley - encoding STM/LTM Jacobs - capacity Bahrick - duration LTM					
The working memory model	Baddeley, Thomson and Buchanan - phonological loop Baddeley, Wright and Thomson - visual-spacial sketchpad Baddeley 1996 - central executive					
Eye witness	Loftus and Palmer - leading					

testimony - misleading information	questions					
Eyewitness testimony - age and anxiety	Poole and Lindsay - age of witness Loftus and Burns 1982 - anxiety					
Cognitive interview	Geiselman et al - effectiveness of cognitive interview					
Strategies for memory improvement						

Attachment

TOPIC	KEY STUDIES	NOTES Y/N	RED	AMBER	GREEN	HAVE ANSWERED EXAM QUESTIONS ON IT
Explanations of attachment - learning theory	Harlow - monkey study Schaffer and Emerson - Glasgow infants					
Explanations of	Schaffer and Emerson					

attachment - Bowlby's evolutionary theory	Harlow Lorenz - goslings Hazan and Shaver - love quiz - internal working model					
Types of attachment	Ainsworth - strange situation					
Cultural variations in attachment	Van IJzendoorn and Kroonenberg - metaanalysis					
Disruption of attachment	PDD model Roberson and Robertson - john					
Failure to form attachments	Genie Czech twins Hodges and Tizard					
Institutional care	Rutter					
Day care	Andersson 1989 Clarke-Stewart 1991 Field et al 1988 DiLalla 1988 Belsky 2006					

Stress

TOPIC	KEY STUDIES	NOTES Y/N	RED	AMBER	GREEN	HAVE ANSWERED EXAM QUESTIONS ON
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The body's response to stress - SAM and HPA	Selye GAS model					
Stress-related illness and the immune system	Cohen "common cold" Kiecolt-Glaser "medical students"					
Life Changes	Holmes and Rahe - SRRS Rahe - "Navy ship"					
Daily Hassles	Bouteyre et al. (2007) - "uni students" Gervais (2005) - uplifts nurses					
Workplace stress	Marmot - "whitecollar workers"					
Personality factors and stress - Type A and Hardy	Rosenmann - CHD					
Coping with stress - problem and emotion focused						
Psychological methods of stress management	Kobassa - Hardiness training Meichbaum - Stress inoculation training					
Biological methods of	Benzodiazepines					

stress management	Beta-blockers Biofeedback Exercise Relaxation					
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Conformity

TOPIC	KEY STUDIES	NOTES Y/N	RED	AMBER	GREEN	HAVE ANSWERED EXAM QUESTIONS ON IT
Types of conformity	Asch - "Lines" compliance Moscovici - "Shades of blue" internalisation Zimbardo - "prison study" identification					
Explanations of why people conform						
Obedience	Milgram - "Electric shocks" Hoffman - "nurse" Bickman - "uniform"					
Explanations of why people obey						
Explanations of	Rotter - locus of control					

independent behaviour						
Understanding social change						

Individual differences

TOPIC	KEY STUDIES	NOTES Y/N	RED	AMBER	GREEN	HAVE ANSWERED EXAM QUESTIONS ON IT
Definitions of abnormality - failure to function adequately, deviation from social norms, deviation from ideal mental health						
The biological approach to psychopathology - biochemistry, neuroanatomy, genes, viruses	Most know examples of mental disorder e.g. schizophrenia					

<p>Psychological approaches to psychopathology - Psychodynamic approach, behavioural approach, cognitive approach</p>	<p>Psychodynamic - Freud - stages of psychosexual development, personality structure, dreaming Behavioural - Phobias, classical and operant conditioning Cognitive - Beck and Ellis theories</p>					
<p>Biological therapies</p>	<p>Drugs Psychosurgery ECT</p>					
<p>Psychological therapies</p>	<p>Psychodynamic - psychoanalysis and free association Behavioural - Flooding, aversion therapy and systematic desensitization Cognitive - Beck and Ellis' models</p>					